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# Complete Care For Your Aging Cat

Complete Care for Your

## AGING CAT



*"Guaranteed to help  
your cat live a  
happier, healthier  
& longer life!"*

**Dr. Marty Becker,**  
America's Veterinarian

**AMY SHOJAI**

FROM ONE OF AMERICA'S PREMIER PET EXPERTS!



## Synopsis

THE OLD CAT BIBLE! Filled with comprehensive cat reference material from interviews with over 100 veterinary experts, this award-winning book answers all your must-know questions. You'll find heartwarming chicken soup-like stories, and the latest developments in veterinary care advice for cats' health care for old cats, this is the definitive guide for keeping senior cats vital, happy, and active throughout their golden years. You'll learn: How to entice your older cat into getting more exercise What changes to expect as your cat ages--and which changes are natural and which are warning signs that should send you to the veterinarian Which pet-specific over-the-counter cat medications every owner should keep on hand How to use the L.O.V.E. Program to keep your cat loving longer and living better Tips on everything from choosing the right products and cat foods for your aging cat How to offer old cats nursing care at home for common old cat conditions Information about cat symptoms and feline treatments for cat kidney disease, hyperthyroidism in cats, cat urinary tract infection, cats and diabetes, blind cat, deaf cat, cat stroke, feline diarrhea, cat constipation, old cats not eating, litter box problems and more. Filled with heartwarming stories of successful senior citizen cats, the latest developments in treating feline illnesses in old cats, age-defying tips, and comprehensive reference material, this is the definitive guide to turning back the clock on aging--and keeping senior cats vital, happy, and active throughout their golden years. Categories include: aging cats, old cats, cat care and health, cat death and grief, blind cats, home remedies for cats, nursing care for cats, grieving the loss of a pet, putting a pet to sleep, veterinary care

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## Customer Reviews

I share a home with two aging cats that I adore and this book is a treasure of information. If you love your cats you'll want to keep this book handy. Sometimes it's not easy to read because there are issues we'd rather not think of -but- we have to and it's best to be informed. Kitties deserve to have smart humans.

You have your cat. You love your cat. You are concerned about the health of your cat and want to be on the lookout for changes as your cat ages. This book is the one for you. Clear, concise, and well organized. Not only are symptoms noted, approaches to treatment are suggested, and vet diagnosis.

Didn't find this book to be what I was looking for. Sort of depressing without being helpful about how to take care of an aging cat.

Cats are living longer than ever before. More cats are being kept exclusively indoors, thus avoiding many of the health risks encountered by outdoor cats. More and more cat owners are understanding the importance of a healthy, species-appropriate diet as a foundation for good health. Advances in veterinary medicine now allow cat owners to pursue sophisticated treatments for diseases that would have been a death sentence in the past. But older cats (most commonly defined as cats age seven and older) have special needs when it comes to maintaining their health. Amy Shojai's Complete Care for Your Aging Cat was first published in 2003 and quickly became the "old cat bible." However, seven years is a long time when you're talking about health related topics. This newly released edition has been updated to reflect changes in veterinary medicine and includes a wealth of resources about treatment options, products and research, complete with links to websites when appropriate. The e-book version of the book includes hotlinks

to relevant information. This book is an invaluable resource for cat owners. Shojai covers basic information on how age affects your cat's body in great detail. She explains how to look for changes that might signal health problems in older cats (for an excerpt, read Amy's guest post [Caring for Your Older Cat](#)). She discusses home nursing care to help older cats through various health issues, and presents advanced care options and how to make informed choices, including a section on making end of life decisions which is presented with great sensitivity, yet covers all the facts a cat owner needs to know when faced with this difficult choice. The most valuable section of the book is the extensive and comprehensive listing of feline health conditions, ranging from arthritis to heart disease to kidney failures. Each section provides information on symptoms, reducing risk, and treatment options. I read a lot of cat health books, and I have yet to find another one that is as well organized and easy to use as a reference guide as this one. But it's not all hard facts and information. Each section of the book contains a "Golden Moments" segment, which contains heartwarming stories of real cat owners who share their lives with older cats and are continuing to enjoy life while dealing with typical issues common for senior cats. These touching, and often inspirational stories make this book more than just a reference guide. I loved almost everything about this book. The one area that didn't resonate with me was the author's take on nutrition. Pet nutrition is a controversial subject. While the material is as well-researched and well-documented as the rest of the book, Shojai's recommendations focus on senior diets and prescription diets. I've written extensively about feline nutrition on my blog, ["The Conscious Cat"](#), and won't belabor the issue here. You can read more about why I don't believe these diets are the best choice for cats of any age there ([...]). Even though I disagree with the author's recommendations in this one area, I nevertheless highly recommend this book to all cat owners, regardless of how old your cat may be. This is a must read for anyone who wants to keep their cats happy and healthy well into their golden years.

Keeping this as a reference for kittycare; yes, we are ALL getting older!

I bought this book about eight years ago before my cats were even close to being seniors, and I'm glad I did. It gave me important information about senior cat health and behavior, how to recognize signs of illness, and how to take care of the special needs cats develop as they age. But this book is not just a reference guide -- it's full of touching "golden moments" stories about people and their elderly cats. Well-written, well-organized, instructive and entertaining, this book is a must-have for any cat owner -- no matter what age your cat is. (This book is also available in Kindle format.)

I've been a cat lover since a very young child. I've had cats grow from kitty-babies to ten years old or older. However, Funny Face is the first to reach his "advanced" age, nearly 15. Amy's book helps me better understand what my cat is enduring and how better to help him adjust. He was more kittenish in actions than old-man cat until the past six months, but now we're both adapting to old age together. Complete Care for Your Aging Cat helps me care for him. It's a "must" for cat lovers and owners.

I highly recommend this wonderful book for owners of adult cats of any age. The information is very well presented, complete, and useful to any cat owner. I would definitely recommend that a cat owner have this knowledge BEFORE their cat is old so they can be informed and prepared what to look for in their cat and get proper supportive care before the cat is too ill. I also think it's fascinating to know that there are certain conditions found in specific breeds. This would help anyone who would want to acquire a cat in the future to be informed about everything they would need to know about the breed they're considering. Huge kudos to Amy Shojai for writing "Caring For Your Aging Cat." Laura Speirs, The Kitty Sitter, Beaverton, Oregon

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